



NINTI ONE: CRC REMOTE ECONOMIC PARTICIPATION

POSTER 1: HOLISTIC WELLBEING BRINGING TOGETHER STORIES AND NUMBERS

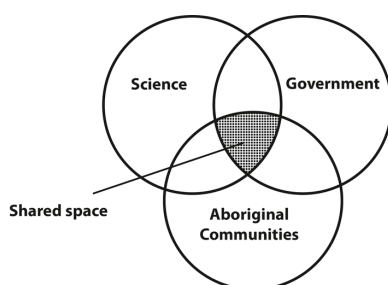
INTERPLAY WELLBEING FRAMEWORK FOR ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE IN REMOTE AUSTRALIA

OUTCOMES

- Structural equation modeling showed good fit statistics confirming the holistic nature of the model
- Aboriginal priority areas of culture, empowerment and community play key roles in education, employment and health through a series of direct and indirect pathways
- Solutions must be considered at the 'whole of system' level

METHODS

- Participatory action research was used to translate 'stories into numbers'
- Our 'Shared space' model was applied to develop the Interplay Wellbeing Framework and Survey tool
- 842 Aboriginal adults were surveyed from 4 different remote communities



Aboriginal stories reflected their priorities of **culture, empowerment and community**, which we brought together with government priorities of **education, employment and health** in the 'Interplay Wellbeing Framework'.

'Interplay' means that everything is interrelated.

Aboriginal knowledge is passed on through stories, and governments mainly speak the language of numbers, so we brought together stories and numbers, for the two worlds to meet.

We asked Aboriginal people about **their values and goals in life, and worked out how these can be measured**, in order to show their importance to government.



FRAMEWORK DOMAINS

SURVEY ITEM

Culture	Language, country, law, ceremony, family, importance of culture, practicing culture, culture in school
Community	Leadership, safety, connectedness, trust and respect, services
Empowerment	Inclusiveness, mobility, resilience, self-efficacy, identity, agency, hope
Education	Achievements/outcomes, English literacy and numeracy, focus, motivations, barriers, pathways to work
Work	Paid job, volunteer work, cultural and family work, pathways from education, culture at work, motivations, barriers, work life balance, value/meaning in work
Health	Nutrition, food security, exercise, substance use, anxiety, depression, medical conditions, physical health, dental health, health services, barriers
Wellbeing	Now, past, future

Team Members: Tammy Abbott, Amunda Gorey, Jessica Yamaguchi, Byron Wilson, Stephen Quinn, Eva McRae-Williams, Rosalie Schultz, Lyn Allen, John Wakerman plus over 40 Aboriginal Community Researchers

Interplay Project:

www.crc-rep.com.au/interplay

Interplay Wellbeing Framework:

www.crc-rep.com/wellbeingframework

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Interplay Between Health, Wellbeing, Education and Employment