



NINTI ONE: CRC REMOTE ECONOMIC PARTICIPATION

POSTER 2: CULTURE IT ALL COMES BACK TO CULTURE

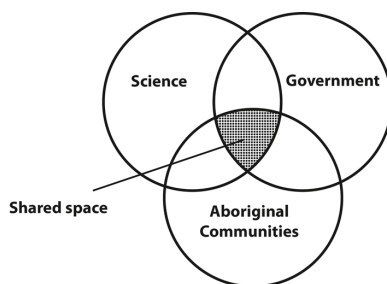
INTERPLAY WELLBEING FRAMEWORK FOR ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE IN REMOTE AUSTRALIA

OUTCOMES

- Practising culture builds empowerment and strengthens spirituality, both of which in turn improve wellbeing
- Practising culture is the key to improving wellbeing for Aboriginal people in remote Australia

METHODS

- Participatory action research was used to translate 'stories' into 'numbers'
- Our 'shared space' model was applied to develop the Interplay Wellbeing Framework and Survey tool
- 842 Aboriginal adults were surveyed from 4 different remote communities
- Interrelationships were identified with structural equation modeling



What do the numbers and arrows mean?

Numbers show how strongly connected the different areas are. Higher scores show stronger connections. Positive scores show that when one area gets stronger, the other area gets stronger. Negative scores show that if one area gets stronger the other area gets weaker.

Team Members: Tammy Abbott, Amunda Gorey, Jessica Yamaguchi, Byron Wilson, Stephen Quinn, Eva McRae-Williams, Rosalie Schultz, Lyn Allen, John Wakerman plus over 40 Aboriginal Community Researchers

Aboriginal knowledge is passed on through stories, and governments mainly speak the language of numbers, so we brought together stories and numbers, for the two worlds to meet.

The Interplay Wellbeing Framework brings together Aboriginal priorities of **culture, empowerment and community** with government priorities of **education, employment and health**.

'Interplay' means that everything is interrelated.

FRAMEWORK DOMAINS	SURVEY ITEM
Practise culture	Law and ceremony Caring for country Hunting / food sources Art
Empowerment	Identity Self-efficacy Resilience
Spirituality	Big part of your life?
Wellbeing	How you feel about your life?



Interplay Project:
www.crc-rep.com.au/interplay

Interplay Wellbeing Framework:
www.crc-rep.com/wellbeingframework

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Interplay Between Health, Wellbeing, Education and Employment